Sharing Circle: CARES

Community Artivism through Reflection, Encouragement, and Support

"Where have we been? Where are we going?"

WITH Dominique DeSilva

Inspiration

In 2018 I lived in Ireland for a month interviewing singers and researching community and informal music learning.

This Sharing Circle is based off of the Singing Circle or Singing Session tradition in Ireland, where musicians come together to share a love of music and learn from one another via oral transmission.

Purpose Statement/Core Values

Community: We choose to create a space where all are welcome to try, learn, and share their love of arts and culture with one another.

<u>Artivism</u>: Use your art and/or personal experiences to show others how you interpret the topic.

Reflection: Asking thoughtful and critical questions allows us to learn and respond critically as a community. Encouragement: Positivity is key! Appreciate the courage it takes for a peer to share and show love in the chat. Support: Active listening is an important part of creating a supportive community.

Community Song

The Call and the Answer

You are the call I am the answer You are the wish and I am the way You the music I the dancer You are the night and I am the day You are the night and I am the day

(VS1, Refrain, VS 2, Refrain x2)

Now it's your turn!

- Anything is worth sharing.
- You are the expert of your own experience.
- What did you see, hear, taste, learn while you were abroad?
- If you have not yet gone abroad, what are some things you have learned through your research of where you plan to travel?
- Sharing of photos, videos, etc. welcome.

Community Song

The Call and the Answer

You are the call I am the answer You are the wish and I am the way You the music I the dancer You are the night and I am the day You are the night and I am the day

(VS1, Refrain, VS 2, Refrain x2)

More Sharing Circle Events

SHARING CIRCLE: CARES

Topic based meetings - Mondays Bi-weekly 7-9PM
September 28 "Middle Eastern Arts and Culture"
October 12 "Arts and Culture of Indigenous Peoples"
October 26 "This is Halloween: International Culture and Related Arts"

SATURDAY SHARING CIRCLE

Open Sharing - Saturdays weekly 1-3PM

SHARING CIRCLE CARES VIH WEBINAR

Topic: "Raise your voice: Finding, understanding, and using your voice" October 15, 2020 7:30-9:00PM

Dominique DeSilva: ddesilva4music@gmail.com